

DO YOU RECOGNIZE THE SIGNS OF DEMENTIA & ALZHEIMER'S?

A decline in mental ability severe enough to interfere with daily living is a general way to describe dementia.

Alzheimer's disease is the most common type of dementia.

Some people have memory loss or confusion unrelated to dementia. For example, having an infection may produce similar symptoms.

Since there are so many different causes of memory problems, you are advised to visit a physician if you or a loved one is experiencing symptoms.



Royal Oak House Mission

We are committed to providing extraordinary care and services. Families can rest assured knowing that their loved one is safe and well cared for.

We deliver on the promises that we make.



PROMOTING WELLNESS AND INDEPENDENCE NEAR
THE HEART OF DOWNTOWN ROYAL OAK

Royal Oak House's dedicated Memory Care Program is a safe harbor for our special residents with a focus on life, laughter, dignity and respect.

Specially designed memory care features and services, based on the latest research-based recommendations, help promote cognitive abilities and minimize frustrations resulting from memory decline.

Call (248) 585-2550 to schedule a tour and to discuss your housing and care needs.

ROYAL OAK HOUSE

FULLY LICENSED
ASSISTED LIVING • MEMORY CARE

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DEMENTIA & ALZHEIMER'S 10 EARLY SIGNS

ROYAL OAK HOUSE

FULLY LICENSED ASSISTED LIVING & MEMORY CARE



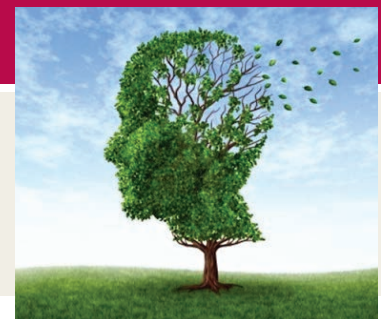
24/7 ON-SITE NURSING SUPERVISION

**AN EDUCATIONAL RESOURCE, COMPLIMENTS
OF ROYAL OAK HOUSE ASSISTED LIVING**

ROYAL OAK HOUSE

FULLY LICENSED
ASSISTED LIVING • MEMORY CARE

If you would like more information about dementia or caring for a loved one with dementia please call Royal Oak House at (248) 585-2550. We can help you find resources and discuss options with you.



If you notice any of these **10 Warning Signs of Alzheimer's** in someone you know (or in yourself) don't ignore them. It is important to schedule an appointment with a doctor.

1. MEMORY LOSS THAT DISRUPTS DAILY LIFE

Forgetting recently learned information and asking the same question over and over is indicative of short-term memory loss. Long-term memories are still intact, and the person can easily converse about past situations. Forgetting things like what they had for breakfast, or if they took their medication is a sign of short-term memory loss.

2. PROBLEM SOLVING THAT BECOMES CHALLENGING

Being unable to keep track of monthly bills or unable to follow familiar instructions

could be a warning sign. You may notice that a person is having difficulty in concentrating, or it takes them longer to do familiar tasks.

3. DIFFICULTY COMPLETING FAMILIAR TASKS

People with Alzheimer's often find it hard to complete daily tasks. Sometimes people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.

4. CONFUSION WITH TIME OR PLACE

Forgetting where they are or how they got there is typical for people with dementia. Losing track of the date and seasons is also typical.

5. TROUBLE UNDERSTANDING VISUAL IMAGES

It becomes challenging for people with dementia to read, judge distances, and determine color contrasts. They may look in a mirror and think they are looking at someone else. To help with this avoid things like white dinner plates on a white table. They may not be able to see the plate. If you have tiled floors with colors such as black and white, they may think that the black is a hole, and try to step over it, causing trip hazards.

6. PROBLEMS WITH WORDS

A person may seem stressed when trying to follow a conversation or they may stop in the middle of a conversation without being able to find the words to continue. Frequently repeating things is also common with dementia.

7. CHANGES WITH MOOD OR PERSONALITY

People with dementia may become confused, suspicious, fearful or anxious. They may accuse a loved one with good intentions of stealing or say things that they do not mean. This causes a great deal of anxiety for family members who need to remember it's the disease, not the person.

8. POOR JUDGMENT

Decreased safety awareness can cause falls, or wandering and becoming lost. Using poor judgment with money is also a warning sign.

9. MISPLACING THINGS

Putting things in unusual places, or hiding things and forgetting where they were placed are common signs of dementia. A person may accuse loved ones of stealing their lost items.

10. WITHDRAWAL FROM ACTIVITIES

Withdrawal from hobbies, social activities, and other things enjoyed in the past are warning signs.

More information is available from the Alzheimer's Association at www.alz.org.

Reference: Alzheimer's Association (www.alz.org). Information in this brochure is not intended to replace seeking medical attention.

